



At CarolinaEast Health System, we believe that having a baby is special to every member of the family. We encourage families to become involved in the birth of their child.

To help you prepare for this special event,

Maternity Open House

Our staff will introduce you to the Family Birthplace and be available to answer any questions you may have. The Open Houses are held twice each month and begin at 7:00 p.m. in the Education building located adjacent to the Emergency Department entrance to the Medical Center. The 2011 schedule is as follows:

January 3, 2011
January 17, 2011
February 7, 2011
February 21, 2011
March 7, 2011
March 21, 2011
April 4, 2011
April 18, 2011
May 2, 2011
May 16, 2011
June 6, 2011
June 20, 2011
July 11, 2011
July 18, 2011
August 1, 2011
August 15, 2011
September 5, 2011
September 19, 2011
October 3, 2011
October 17, 2011
November 7, 2011
November 21, 2011
December 5, 2011
December 19, 2011



Please call 252-633-8154 if you plan to attend.

Space is very limited.

To schedule an anesthesia consult, call 252-633-8622.



Childbirth preparation classes are an important part of the birthing experience at CarolinaEast Health System. Our Childbirth Educator coordinates classes designed to prepare the mother, the family and the siblings for the birth of their child. Registration forms are available in your physician's office. For more information, call (252) 633-8160. **Please call early. Space is limited.**



Basic Prepared Childbirth Series

Pregnancy is an exciting and joyful time, with some fear of the unknown. This class will help you understand the process of labor and delivery and prepare for your baby. It is designed for the first time parent or those who wish an in-depth review of the childbirth process. For your convenience, classes are held on weekday evenings. Saturday classes are also available. For class start dates and times, call (252) 633-8160. Cost: Free of Charge.

Breastfeeding Classes

Breastfeeding is one of the most natural experiences, but often there is a desire and need for instruction. This class will provide important information and helpful hints. Call for dates and times (252) 633-8160. Cost: Free of Charge.

Infant CPR:

This class teaches family and friends how to perform Infant CPR and relieve choking. Call for dates and times (252) 633-8160. Cost: Free of Charge.